

Salsa

Music

In all rounds of competitions the music played shall be a minimum duration of 1.45 minutes and a maximum of 2 minutes.

The tempi (times) for each dance shall be:

- Salsa: 45-60 bpm

Characteristics and Movement:

Salsa is of Latin-American origin but has been developing in different ways the last 10 years. There are four main styles of Salsa. The Salsa Cuban style, the Salsa Puerto Rico/New York style (Street Mambo), the L-A style and the Columbian (Cali) style. The Cuban style of Salsa is more rotating than the Puerto Rico/ New York style (Street Mambo) and the L-A style is known to include more show figures. All three styles are accepted. Salsa basic is a two times three-step pattern taken during 8 beats of music, in a quick, quick, slow – quick, quick, slow rhythm. It is allowed to break on the 1st and 3rd beat in the bar or the 2nd and 4th beat in the bar. What is important is to keep the consistence of the breaking. If one starts on breaking on 1 or 3 one must continue to break on 1 or 3 and not travel on to break on 2 and 4 suddenly. Salsa is a very popular club dance in that it allows the dancers much freedom to interpret the music using movements and elements from many different Latino dances. Salsa means, "Sauce", and the dancers should depict a very hot and spicy interaction with each other. The Salsa basics involve clever hand and arm movements as well as changes of handhold while maintaining the flowing movements and which are all typical of the dance.

Allowed Styles

Salsa On One: all styles of salsa that are danced on one (like musical time), such as Cuban salsa, etc.

Salsa On Two: all styles that are danced with emphasis on the second beat of the musical bar, such as salsa "Puerto Ricana", etc.

Judging System

Closed marking shall be used in the finals of competitions.

In the finals the Skating System is used.

Up to 6 Couples there will only be a final. 7 and more couples there will be Semifinal or more rounds. At least 50% of the participating couples shall be recalled to the next round.

TANGO (Tango Salon)

Music

In all rounds of competitions the music played shall be a minimum duration of 1.45 minutes and a maximum of 2 minutes.

The tempi (times) for each dance shall be:

- Tango 30 - 32 bar per minute.

Characteristics and Movement

Argentine Tango is a social dance that falls into a smooth category of dance. It follows the line of dance (LOD), going around the dance floor in a counter clockwise direction. This dance form expresses love and passion, which is evident by the closeness of the dancers, the man's control and the woman's seductiveness. The dancers execute the figures mainly from the waist down while trying to achieve an interesting interplay between them. This interplay between the partners is dictated by the music, and the dancers should be dancing to something IN the music. One should be able to see the melody expressed through their movement. The epitome of Argentine Tango is to see the couple dancing with good posture, good extension through the legs, their feet almost always caressing the floor, and pausing with the music with a sense of rhythm that is clear to those watching.

Judging System

Closed marking shall be used in the finals of competitions.

In the finals the Skating System is used.

Up to 6 Couples there will only be a final. 7 and more couples there will be Semifinal or more rounds. At least 50% of the participating couples shall be recalled to the next round.